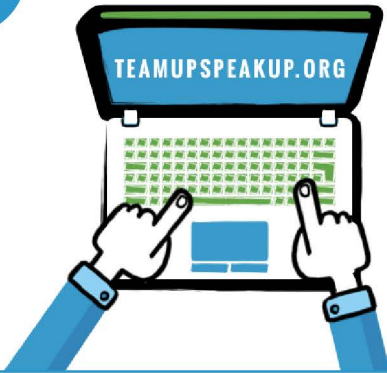


# TEAM UP SPEAK UP TO FIGHT CONCUSSIONS

## Athletic Directors

How to bring Team Up Speak Up to your school so your teams are educated on concussion reporting.

1



### Take The Pledge

that your athletes will hear the Team Up Speak Up Speech from their coach at

**TeamUpSpeakUp.org**

2



### Share The Speech

- We're a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to **SPEAK UP** to a coach or athletic trainer if you think a teammate has a concussion.

3



**#TeamUpSpeakUp**

### Spread The Word

by posting a video of your team hearing the speech on social media with

**#TeamUpSpeakUp**

Grand prize of team backpacks for the best video!

Learn more at **TeamUpSpeakUp.org**