

TEAM UP SPEAK UP TO FIGHT CONCUSSIONS

Athletic Trainers

This two minute speech could save an athlete's season, career, or even their life.

1



Take The Pledge

that your school, athletic program, or team will hear the Team Up Speak Up Speech at

TeamUpSpeakUp.org

2



Give The Speech

- We're a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to **SPEAK UP** to a coach or athletic trainer if you think a teammate has a concussion.

3



#TeamUpSpeakUp

Spread The Word

by posting a video of your team hearing the speech on social media with

#TeamUpSpeakUp

Grand prize of team backpacks for the best video!

Learn more at **TeamUpSpeakUp.org**