

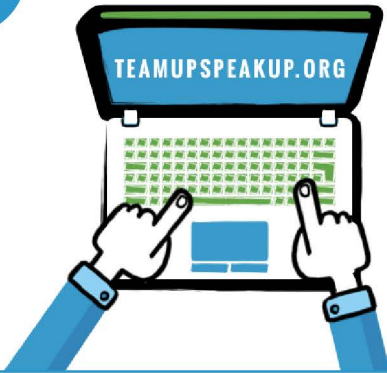
# TEAM UP SPEAK UP

TO FIGHT CONCUSSIONS

## Coaches

This two-minute speech could save an athlete's season, career, or even their life.

1



### Take The Pledge

to give the Team Up Speak Up Speech at  
**TeamUpSpeakUp.org**

2



### Give The Speech

- We're a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to **SPEAK UP** to a coach or athletic trainer if you think a teammate has a concussion.

3



**#TeamUpSpeakUp**

### Spread The Word

by posting a video of your team hearing the speech on social media with

**#TeamUpSpeakUp**

Grand prize of team backpacks for the best video!

Learn more at **TeamUpSpeakUp.org**