

# TEAM UP SPEAK UP TO FIGHT CONCUSSIONS

## Organizations

Improve concussion reporting and set a positive concussion culture in your sport and organization.

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### Take The Pledge

to integrate Team Up Speak Up into your organization at

[TeamUpSpeakUp.org](https://TeamUpSpeakUp.org)

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### Share The Speech

- We're a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to **SPEAK UP** to a coach or athletic trainer if you think a teammate has a concussion.

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[#TeamUpSpeakUp](https://TeamUpSpeakUp.org)

### Spread The Word

by sharing team speech videos on social media with

[#TeamUpSpeakUp](https://TeamUpSpeakUp.org)

Grand prize of team backpacks for the best video!

Learn more at [TeamUpSpeakUp.org](https://TeamUpSpeakUp.org)