

TEAM UP SPEAK UP TO FIGHT CONCUSSIONS

Parents

This two-minute speech could save an athlete's season, career, or even their life. Is your child's team signed up?

1



Take The Lead

by asking your child's coach to pledge to give the Team Up Speech Up Speech at

TeamUpSpeakUp.org

2



Share The Speech

- We're a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to **SPEAK UP** to a coach or athletic trainer if you think a teammate has a concussion.

3



#TeamUpSpeakUp

Spread The Word

by posting a video of your child's team hearing the speech on social media with

#TeamUpSpeakUp

Grand prize of team backpacks for the best video!

Learn more at **TeamUpSpeakUp.org**