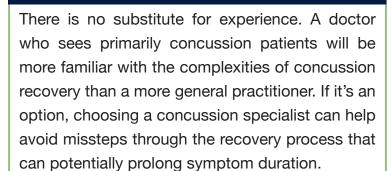
Tips for Choosing a Concussion Clinic

Summary

It's important to do your research before selecting a concussion clinic for your potential treatment. Here are the five things CLF recommends you consider when evaluating concussion clinics:

1. How many patients does the clinic see?



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2. What level of medical training did the clinicians receive?

Your care team may eventually involve multiple specialties and include doctors, clinicians, therapists, and more. However, for your initial evaluation, and to lead your care team, we suggest doctoral level clinicans such as MD, DO, or a relevant Ph.D.

3. Are multiple disciplines represented on staff?



Concussions are a complex injury, and your treatment could require multiple specialists. Look for a multidisciplinary team that may include neurologists, psychiatrists, neuropsychologists, psychologists, physical and occupational therapists, athletic trainers, and more. A clinic with a diverse staff of specialists is best.

4. How long has the clinic been open and seeing patients?



Resources for concussed patients continue to expand. Existing clinics are beginning to tailor their practices to the needs of concussion patients, and new clinics are opening faster than ever before. There is a steep learning curve, however, and practitioners at new clinics may be less experienced than specialists at established clinics.

5. Is the clinic affliated with an accredited medical institution?



The majority of top tier clinics are affiliated with hospitals or universities, and affiliated clinics tend to have more treatment resources available. There are notable exceptions of top tier clinics operating independently, but in general, affiliations can be helpful when trying to distinguish between several clinic options.