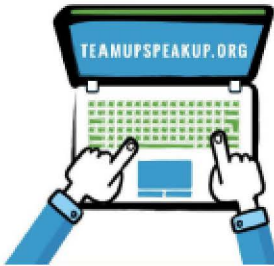


Coaches

This two-minute speech could save an athlete's season, career, or even their life.

1



Take The Pledge

to give the Team Up Speak Up Speech at
TeamUpSpeakUp.org

2



Share The Speech

- We're a team, and teammates look out for each other.
- A teammate with a concussion **needs your help**.
- I expect you to **SPEAK UP** to a coach or athletic trainer if you think a **teammate has a concussion**.

3



[#TeamUpSpeakUp](https://www.instagram.com/teamupspeakup)

Spread The Word

by posting a video of your team hearing the speech on social media with
[#TeamUpSpeakUp](https://www.instagram.com/teamupspeakup)

Enter the video contest to win our grand prize!

Learn more at TeamUpSpeakUp.org