Organizations
You can improve concussion reporting and set a positive concussion culture in your sport or organization.

1. **Take The Pledge**
   to integrate Team Up Speak Up into your organization at TeamUpSpeakUp.org

2. **Share The Speech**
   - We're a team, and teammates look out for each other.
   - A teammate with a concussion needs your help.
   - I expect you to SPEAK UP to a coach or athletic trainer if you think a teammate has a concussion.

3. **Spread The Word**
   by sharing team speech videos on social media with #TeamUpSpeakUp
   Enter the video contest to win our grand prize!

#TeamUpSpeakUp

Learn more at TeamUpSpeakUp.org