

# Concussion & Post-Concussion Syndrome (PCS) Best-Practice Guidelines of Care

Provided by Boston University School of Medicine

**FREE virtual Continuing Medical Education sponsored by Alaska Mental Health Trust Authority**

**Overview:** Alaska has one of the highest rates of mTBI per capita in the US. Healthcare providers are faced with unique challenges screening, diagnosing, and treating concussion (mTBI) and the persistence of concussion symptoms known as Post-Concussion Syndrome. Join this webinar with internationally recognized concussion expert Dr. Robert Cantu to hear the latest best-practice guidelines of care for your patients.

**Register for 11/7, 12pm AK**

**Register for 11/15, 12pm AK**

**Register for 12/13, 4pm AK**

## Covered Content:

- Screen and diagnose concussion and PCS
- Treat or manage the symptoms of PCS
- Understand appropriate return-to-play guidelines
- Refer to allied health professionals for targeted therapies

## Faculty/Instructor:

Robert Cantu, MD  
Clinical Professor of Neurology  
Boston University School of Medicine



Medical director and director of clinical research at the Cantu Concussion Center at Emerson Hospital; co-founder of the CTE Center at Boston University School of Medicine; senior advisor to the NFL Head, Neck and Spine Committee; section co-chair to the Mackey-White NFLPA Traumatic Brain Injury Committee; International Rugby Board Concussion Advisory Group; adjunct professor for exercise and sport science and medical director for the National Center for Catastrophic Sports Injury Research at UNC, Chapel Hill; senior advisor at the Brain Injury Center and adjunct staff at Boston Children's Hospital; vice president chair of the Scientific Advisory Committee of the National Operating Committee on Standards for Athletic Equipment; co-founder and medical director of the Concussion Legacy Foundation.

**Visit [ConcussionFoundation.org/Alaska](https://ConcussionFoundation.org/Alaska) for more information.**

**Target Audience:** Primary Care Physicians, Family Practice Physicians, Neurologists, Behavioral Neurologists, Psychiatrists, Nurse Practitioners, Nurses, Physician Assistants. Allied health professionals welcome.

**Agenda:**

- Overview of Concussion & PCS
- Review of clinical tools and guidelines
- Best practices for symptom management and referral to allied health practitioners
- Review of Return-to-Play and Return-to-Learn guidelines

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Boston University School of Medicine and the Concussion Legacy Foundation.

Boston University School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Hours: 1.0

To request reasonable accommodations for a disability please notify Michael Burke, in writing.



The Concussion Legacy Foundation is a 501(c)(3) nonprofit organization based in the United States with chapters in Australia, Canada and the United Kingdom. It was founded by Robert Cantu, MD, and Chris Nowinski, PhD to support athletes, veterans and all affected by concussions and CTE to promote smarter sports and safer athletes through education and innovation and End CTE through prevention and research. CLF is a proud supporter of and collaborator with the Boston University CTE Center. The Concussion Legacy Foundation's work has been featured by the New York Times, Rolling Stone, TIME, Sports Illustrated, ESPN, BBC, PBS, HBO Real Sports and many other news and media outlets. For more information, please visit [ConcussionFoundation.org](http://ConcussionFoundation.org).

