

Mentorship Program



The CLF Mentorship Program

provides supportive, 1-on-1 connections for patients and families navigating concussion, persistent post-concussion symptoms (PPCS), and suspected Chronic Traumatic Encephalopathy (CTE).

Visit ConcussionFoundation.org/Peer-Support to connect with a trained volunteer.

The CLF Resource Center

- [CLF Zoom Support Groups](#)
- [CLF Facebook Resource Groups](#)
- [One-on-One Support](#)
- [CLF HelpLine](#)

Peer Support

Submit a request to connect with a one-on-one volunteer by scanning this QR code:



Connect with Support

Connection for:

- Concussion or PPCS patients
- Concussion or PPCS caregivers
- Suspected CTE caregivers

To supplement but not replace professional medical and mental health care.

Connection to:

Experienced Peer Support Volunteers to listen, answer questions, and share what they have learned.

Connection by:

- Text
- Email
- Phone
- Video chats
- Voice messages

Learn More: ConcussionFoundation.org/Peer-Support