# **Concussion & Post-Concussion Syndrome** (PCS) Best-Practice Guidelines of Care

Provided by Boston University Chobanian and Avedisian School of Medicine

FREE virtual program sponsored by the M.J. Murdock Charitable Trust and the Alaska Mental Health Trust Authority

**Overview:** Healthcare providers face unique challenges screening, diagnosing, and treating concussion (mTBI) and the persistence of concussion symptoms known as PPCS or Post Concussion Syndrome (PCS). Join this webinar with internationally recognized concussion expert Dr. Robert Cantu to hear the latest best-practice guidelines of care for your patients.

Register for 9/21 2pm PT

Register for 10/26 4pm PT

Register for 11/15 2pm PT



### **Covered Content:**

- · Screening and diagnoses of concussion and PCS
- · Treatment or Management of PCS symptoms
- · Appropriate return-to-play guidelines
- · Refer to allied health professionals for targeted therapies

## Faculty/Instructor:

Robert Cantu, MD Clinical Professor of Neurology Boston University School of Medicine

Medical director and director of clinical research at the Cantu Concussion Center at Emerson Hospital; co-founder of the CTE Center at Boston University School of Medicine; senior advisor to the NFL Head, Neck and Spine Committee; section co-chair to the Mackey-White NFLPA Traumatic Brain Injury Committee; International Rugby Board Concussion Advisory Group; adjunct professor for exercise and sport science and medical director for the National Center for Catastrophic Sports Injury Research at UNC, Chapel Hill; senior advisor at the Brain Injury Center and adjunct staff at Boston Children's Hospital; vice president chair of the Scientific Advisory Committee of the National Operating Committee on Standards for Athletic Equipment; cofounder and medical director of the Concussion Legacy Foundation.

Learn More: ConcussionFoundation.org/CME

**Target Audience:** Primary Care Physicians, Family Practice Physicians, Neurologists, Behavioral Neurologists, Psychiatrists, Nurse Practitioners, Nurses, Physician Assistants. Allied health professionals welcome.

## Agenda:

- Overview of Concussion & PCS
- Review of clinical tools and guidelines
- Best practices for symptom management and referral to allied health practitioners
- Review of Return-to-Play and Return-to-Learn guidelines



Legacy**Foundation** 

#### **Accreditation:**

In support of improving patient care, this activity has been planned and implemented by Boston University Chobanian & Avedisian School of Medicine and the Concussion Legacy Foundation. Boston University Chobanian & Avedisian School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Boston University School of Medicine designates this live activity for a maximum of **1.0** *AMA PRA Category 1 Credit*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Contact Hours:** 1.0, of which 1.0 is eligible for pharmacology credit.

To request reasonable accommodations for a disability please notify Courtney Welch in writing.

The Concussion Legacy Foundation is a 501(c)(3) nonprofit organization based in the United States with chapters in Australia, Canada and the United Kingdom. It was founded by Robert Cantu, MD, and Chris Nowinski, PhD to support athletes, veterans and all affected by concussions and CTE to promote smarter sports and safer athletes through education and innovation and End CTE through prevention and research. CLF is a proud supporter of and collaborator with the Boston University CTE Center. The Concussion Legacy Foundation's work has been featured by the New York Times, Rolling Stone, TIME, Sports Illustrated, ESPN, BBC, PBS, HBO Real Sports and many other news and media outlets. For more information, please visit ConcussionFoundation.org.







