# **Concussion and Post-Concussion Best-Practice Guidelines of Care**

Provided by Boston University Chobanian and Avedisian School of Medicine

FREE virtual program sponsored by the M.J. Murdock Charitable Trust and the Alaska Mental Health Trust Authority

**Overview:** Healthcare providers face unique challenges screening, diagnosing, and treating concussion, the persistence of concussion symptoms known as PPCS or Post Concussion Syndrome (PCS), and the neurodegenerative disease CTE caused by exposure to repetitive head impacts (RHI). Join this webinar with expert concussion, PCS, and suspected Chronic Traumatic Encephalopathy (CTE) clinician Katelynn Cataldo, NP to hear the latest best-practice guidelines of care for your patients.

Register for 9/20 4pm PT

Register for 10/25 4pm PT

Register for 11/16 3pm PT



#### **Covered Content:**

- Screening and diagnoses of concussion and PCS
- Treatment or Management of PCS symptoms
- Appropriate return-to-play guidelines
- CTE caused by long-term repeat head impacts (RHI)

## Faculty/Instructor:

Katelynn Cataldo, AGPCNP-BC Nurse Practitioner

Katelynn Cataldo is a board-certified adult-gerontology primary care nurse practitioner and holds a master's degree from the University of Massachusetts, Worcester practicing at the Emerson Hospital Concussion Care Clinic. She is also certified by the American Nurses Credentialing Center and is currently working on becoming a credentialed ImPACT consultant with a focus on post-injury care.

Learn More: ConcussionFoundation.org/CME

Target Audience: Nurse Practitioners, Nurses, Physician Assistants. Allied health professionals welcome.

## Agenda:

- Overview of Concussion & PCS
- Review of clinical tools, guidelines, and referral
- Return-to-Play and Return-to-Learn guidelines
- Overview of CTE & clinical management of suspected CTE



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### **Accreditation:**

In support of improving patient care, this activity has been planned and implemented by Boston University Chobanian & Avedisian School of Medicine and the Concussion Legacy Foundation. Boston University Chobanian & Avedisian School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nursing Contact Hours: 1.0, of which 1.0 is eligible for pharmacology credit.

To request reasonable accommodations for a disability please

notify Courtney Welch in writing.

The Concussion Legacy Foundation is a 501(c)(3) nonprofit organization based in the United States with chapters in Australia, Canada and the United Kingdom. It was founded by Robert Cantu, MD, and Chris Nowinski, PhD to support athletes, veterans and all affected by concussions and CTE to promote smarter sports and safer athletes through education and innovation and End CTE through prevention and research. CLF is a proud supporter of and collaborator with the Boston University CTE Center. The Concussion Legacy Foundation's work has been featured by the New York Times, Rolling Stone, TIME, Sports Illustrated, ESPN, BBC, PBS, HBO Real Sports and many other news and media outlets. For more information, please visit ConcussionFoundation.org.







