Athletic Directors
How to bring Team Up Speak Up to your school so your teams are educated on concussion reporting.

1. Take The Pledge
that your athletes will hear the Team Up Speak Up Speech from their coach at TeamUpSpeakUp.org

2. Share The Speech
- We're a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to SPEAK UP to a coach or athletic trainer if you think a teammate has a concussion.

3. Spread The Word
by posting a video of your team hearing the speech on social media with #TeamUpSpeakUp

#TeamUpSpeakUp

Learn more at TeamUpSpeakUp.org