Parents

This two minute speech could save an athlete’s season, career, or even their life. Is your child’s team signed up?

1. **Take The Lead**
   by asking your child’s coach to pledge to give the Team Up Speech Up Speech at TeamUpSpeakUp.org

2. **Share The Speech**
   - We’re a team, and teammates look out for each other.
   - A teammate with a concussion needs your help.
   - I expect you to SPEAK UP to a coach or athletic trainer if you think a teammate has a concussion.

3. **Spread The Word**
   by posting a video of your child’s team hearing the speech on social media with #TeamUpSpeakUp

Learn more at TeamUpSpeakUp.org