TEAM UP
TO FIGHT CONCUSSIONS

Organizations
Improve concussion reporting and set a positive concussion culture in your sport and organization.

1. Take The Pledge
to integrate Team Up Speak Up into your organization at TeamUpSpeakUp.org

2. Share The Speech
- We’re a team, and teammates look out for each other.
- A teammate with a concussion needs your help.
- I expect you to SPEAK UP to a coach or athletic trainer if you think a teammate has a concussion.

3. Spread The Word
by sharing team speech videos on social media with #TeamUpSpeakUp

#TeamUpSpeakUp
Grand prize of team backpacks for the best video!

Learn more at TeamUpSpeakUp.org