Parents

This two-minute speech could save an athlete’s season, career, or even their life. Is your child’s team signed up?

1. Take The Lead
   by asking your child’s coach to pledge to give the Team Up Speech Up Speech at TeamUpSpeakUp.org

2. Share The Speech
   - We’re a team, and teammates look out for each other.
   - A teammate with a concussion needs your help.
   - I expect you to SPEAK UP to a coach or athletic trainer if you think a teammate has a concussion.

3. Spread The Word
   by posting a video of your child’s team hearing the speech on social media with #TeamUpSpeakUp

   #TeamUpSpeakUp

Learn more at TeamUpSpeakUp.org