Organizations

TEAM UP SPEAK UP

TO FIGHT CONCUSSIONS

9.12.17

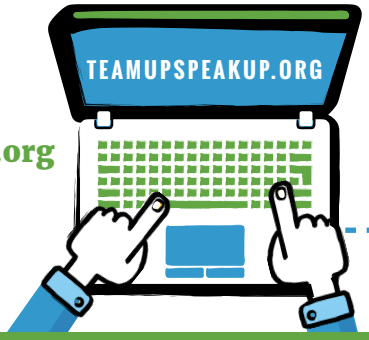
SIGN UP AT: TEAMUPSPEAKUP.ORG

HOW TO PARTICIPATE

We're a team, and we **look out for each other**. A teammate with a concussion **needs your help**. I expect you to **SPEAK UP** to a coach or athletic trainer if you think a **teammate might have a concussion**.

1. TAKE THE PLEDGE:

SIGN UP your **organization** to participate at **TeamUpSpeakUp.org**



2. INVITE OTHERS:

Have your **constituents** **TAKE THE PLEDGE** at **TeamUpSpeakUp.org** and we'll keep them up to date!

3. ENCOURAGE PARTICIPATION:

Remind everyone to give **THE SPEECH** when their **season starts**.

4. SHARE OUR MESSAGE:

Post your **PHOTOS + VIDEOS** of your **coaches + teams** on social media using **#TeamUpSpeakUp**

9.12.2017

TEAM UP SPEAK UP DAY!

THE SPEECH

this is the message we want all athletes to HEAR.

We're a team and we **look out for each other**. A teammate with a concussion **needs your help**. I expect you to **SPEAK UP** to a coach or athletic trainer if you think a **teammate might have a concussion**.