

# Chronic Traumatic Encephalopathy (CTE) Best-Practice Guidelines of Care

## September 21, 2023

**Disclosure Policy:**

*Boston University Chobanian & Avedisian School of Medicine asks all individuals involved in the development and presentation of Accredited Continuing Education activities to disclose all financial relationships with ineligible companies. This information is disclosed to all activity participants prior to the start of the educational activity. Boston University Chobanian & Avedisian School of Medicine has procedures to mitigate all relevant financial relationships with ineligible companies. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.*

*In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, all relevant financial relationships with ineligible companies that faculty, planners, authors and anyone who may be in control of content have been mitigated.*

**Faculty/Planners:**

First Name	Last Name	Role	Disclosures
Katelynn	Cataldo, NP	Faculty/Nurse Advisor	has no relevant financial relationships and does not plan on discussing unlabeled/investigational uses of a commercial product.
Samantha	Bureau	Planner	has no relevant financial relationships
Michael	Burke	Planner	has no relevant financial relationships
Robert	Cantu, MD	Faculty/Course Director	has no relevant financial relationships and does not plan on discussing unlabeled/investigational uses of a commercial product.
Naomi	Moeller	BU CCE Planner	has no relevant financial relationships
Chris	Nowinski, PhD	Planner	is a consultant for Oxeia Biopharmaceuticals, LLC and StataDx
Courney	Welch	Planner	has no relevant financial relationships

**Accreditation**



In support of improving patient care, this activity has been planned and implemented by Boston University Chobanian & Avedisian School of Medicine and the Concussion Legacy Foundation. Boston University Chobanian & Avedisian School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

Boston University School of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses:

Contact Hours – 1.0

### Learning Objectives:

At the end of this presentation, attendees should be able to:

- Recognize the signs and symptoms of a concussion
- Identify recommended concussion guidelines for use in their practice
- Show confidence in utilizing the return to play/learn guidelines with patients
- Identify the signs and symptoms of suspected CTE, have a basic understanding of the recommended clinical management of suspected CTE, and have a basic understanding of the 2021 TES criteria.

**Target Audience:** Primary Care Physicians, Family Practice Physicians, Neurologists, Behavioral Neurologists, Psychiatrists, Nurse Practitioners, Nurses, Physician Assistants. Allied health professionals welcome.

### How to Claim Your Certificate:

To earn credit, you must stay for the entire program and follow the directions below to complete the evaluation. You will need to create a new account at <https://cme.bu.edu> if you do not already have one.

1. Navigate to: <https://cme.bu.edu/clf092123cte>
2. **Create a new account** or log in to complete the components
3. Click the register or take course button to proceed.
4. Click on the start course button on the bottom of the page to start the evaluation.
5. Follow the red prompts to claim your certificate.

Please contact [cme@bu.edu](mailto:cme@bu.edu) or 617-358-5005 with any questions.

### Disclaimer:

THESE MATERIALS AND ALL OTHER MATERIALS PROVIDED IN CONJUNCTION WITH CONTINUING MEDICAL EDUCATION ACTIVITIES ARE INTENDED SOLELY FOR PURPOSES OF SUPPLEMENTING CONTINUING MEDICAL EDUCATION PROGRAMS FOR QUALIFIED HEALTH CARE PROFESSIONALS. ANYONE USING THE MATERIALS ASSUMES FULL RESPONSIBILITY AND ALL RISK FOR THEIR APPROPRIATE USE. TRUSTEES OF BOSTON UNIVERSITY MAKES NO WARRANTIES OR REPRESENTATIONS WHATSOEVER REGARDING THE ACCURACY, COMPLETENESS, CURRENTNESS, NONINFRINGEMENT, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OF THE MATERIALS. IN NO EVENT WILL TRUSTEES OF BOSTON UNIVERSITY BE LIABLE TO ANYONE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE MATERIALS. IN NO EVENT SHOULD THE INFORMATION IN THE MATERIALS BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE.