



POST-CONCUSSION SUPPORT GROUP MEETINGS

Weekly support groups via Zoom to talk with other patients navigating PCS

MONDAYS

- 🕒 5-6 pm MT
- 🕒 6-7 pm CT
- 🕒 7-8 pm ET

FRIDAYS

- 🕒 8-9 am MT
- 🕒 9-10 am CT
- 🕒 10-11 am ET

Scan the QR Code or visit concussionfoundation.org/ca-en/peer-support to register!